

SAND MARTINS

G O L F C L U B



Junior Golf Coaching

BEN EMERSON
GOLF ACADEMY

Our aim is to encourage young children from the age of 5-17 to learn and participate in the game of golf in a fun and relaxed environment.

We have three stages of learning:

Academy Cubs
(Beginners)

Academy Cadets
(Intermediates)

Academy Tigers
(Experienced Young Golfers)

Group Coaching 8 Week Course

Children of all abilities will have the opportunity to progress, from their First Swing... to a Tiger Swing! Along the way there will be fun games, prizes, certificates, trophies and new friends.



Max 8 children per group for more individual attention

**2 different groups of age and ability running
Saturday Afternoons
1pm-2pm & 3pm-4pm**

Lesson Structure

- Lesson 1** Safety, Set up and Swing
- Lesson 2** Chipping and Pitching
- Lesson 3** Full Swing
- Lesson 4** Driving
- Lesson 5** Putting
- Lesson 6** Bunkers
- Lesson 7** Playing Lesson
- Lesson 8** FUN Competition

Children should bring with them:

- Golf Clubs and Shoes - Please advise us if we need to provide clubs
- Adequate appropriate clothing for different weather conditions
- Sun cream and sun hat in the Summer

We will provide:

- Golf Clubs and Golf Equipment
- Golf Balls
- Practice facilities
- Indoor Golf Studio
- Gift Packs
- Prizes

Topics Covered

- Long Game (Driving and Long Irons)
- Short Game (Bunkers, Chipping and Pitching)
- Putting (Long & Short Putts, Reading Greens)
- Playing Skills

JUNIOR DEVELOPMENT PATHWAY

The Academy

Academy Cubs
(Beginners)



Academy Cadets
(Intermediates)



Academy Tigers
(Experienced Young Golfers)



Junior Membership
Sand Martins Club Membership
9 Holes Junior Competition
Group and Individual Lessons
Acquiring a handicap



18 Hole Competitions
Playing in Club Competitions
Individual Lessons



All our PGA Professionals are DBS check and fully insured by the Professional Golfers Association of Great Britain

To enrol your child in The Academy please complete the attached form and return to:

**Sand Martins Golf Club
Professional Shop,
Finchampstead Road,
Wokingham, Berkshire,
RG40 3RQ
Tel: 01189 792711
www.sandmartins.com**

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For details of the next Academy please visit www.sandmartins.com or contact the Professional Staff at shop@sandmartins.com

Lessons run in 8-week blocks
Saturday Afternoon:

Academy Cubs and Cadets (1pm-2pm)
Academy Tigers (2pm-3pm)

Application Form

First Name _____

Surname _____

Address _____

Post Code _____

Parent/Guardian _____

Telephone no. _____

Email Address: _____

Age of participant _____

Any Special Requirements? _____

Do they own their own golf clubs?

Yes No

To enrol your child in The Academy please complete the form overleaf and return to:

**Jamie Banning
Sand Martins Golf Club
Finchampstead Road,
Wokingham, Berkshire,
RG40 3RQ**